

What's on for Dads

Worcestershire					
Offer	Cost	Location	Ran By Contact Details	Day/Time	Details
Who let the dad's out	£1 per family	Bewdley Baptist Church, 61 High Street, Bewdley, DY12 2DJ	Ruth Tiffany 01299 403267 office@bewdleybaptist.org.uk	Second Saturday of the month 09:30-11:30am	Bewdley Baptist Church An opportunity for dads, granddads, and male carers to spend time playing and doing craft activities with their pre-school children in a male-friendly atmosphere.
We are Men united CIC Dad's peer support group		Brookside Family Hub, Borrington Road, Kidderminster, DY10 3ED	Matthew White 07879 846630	Every Tuesday Afternoon 13:00 – 15:00pm	Instagram: @we_are_men_united

Request Changes

To request changes to the timetables/ lists of activities, please email hwbadmin@worcestershires.gov.uk and include FAO: Best Start Website

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SUFC Worcester		RGS The Grange, Grange Lane, Claines Worcester WR3 7RR	Sands United Sands United Sands - Saving babies' lives. Supporting bereaved families.	Thursdays 8pm	SANDS United FC – Worcester - SUFC Worcester You don't have to be a dad to come along, if you are a grandparent, uncle or any other relation we will accept you with open arms. We know the loss of a child effects many men in different ways, and we will try to help anyone who comes along.
Becoming Families Dads' Groups		Walsgrove Lodge, Evesham Rd, Egdon, Worcester WR7 4QL	Becoming Families Contact Us and Reviews	Monthly drop in – first Saturday of the month 10-12pm (£3) Dadwise – second Monday of the month 7.30-9pm (small donation)	https://www.becomingfamilies.co.uk/dads
Men's Yoga	£10 x 4 weeks	The Wellbeing Tree 16 St John St, Bromsgrove B61 8QY	support@the-wellbeing-tree.com 01527 570 838	Monday 8:15pm	Holistic and Wellness Centre The Wellbeing Tree England
Men's Circle	No fee			Thursday 6:30pm	
Dad's Baby Massage	£58 x 5 weeks			Saturday 10:30am	

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Dad's coffee mornings				Saturday 10:30-12:30pm	
The Dad's group	No fee	The Old Needle Works, Britten Street, Redditch B97 6HD	Contact The Koala Tree	Tuesday – fortnightly 7-8:30-pm	Home The Koala Tree, Redditch
Saturdads	No fee	Various leisure centres across the county	Perdiswell Leisure Centre: perdiswell@freedom-leisure.co.uk or 01905 457189 Sport Dyson Perrins Leisure Centre: sportdyson@freedom-leisure.co.uk or 01684 572645 (after 4 PM on weekdays) St Johns Sports Centre: stjohns@freedom-leisure.co.uk or 01905 429900	Contact leisure centres for days and times	free, 45-minute obstacle course activity for dads, grandads, uncles, and other male guardians to enjoy with their children at Freedom Leisure facilities in Worcestershire https://www.facebook.com/share/p/15FLv8maAk/

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Alright Fella		Pershore Baptist Church		Once a month	Alright Fella? Facebook
Men's walking and talking		Droitwich Spa Worcester Stourport Kidderminster		Wednesdays 7pm Thursdays 7:30-8:30pm Monday 7-8:00pm Wednesday 7-9:00pm	https://www.menwalkingandtalkking.co.uk/

Online webpage links and courses

www.dadsmatteruk.org

www.thedadsnet.com

<https://andysmanclub.co.uk>

<https://www.sands.org.uk/about-sands/media-centre/news/2019/04/bbc-radio-five-live-football-team-formed-support-dads-whove>

<https://www.sands.org.uk/support-you/how-we-offer-support/men>

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[Dads and partners | Tommy's](#)

Podcasts

<https://fatheringtogether.org/dads-with-daughters-podcast/>

<https://www.stillparentspodcast.co.uk/>

<https://podcasts.apple.com/gb/podcast/how-to-be-a-dad/id1590498321>

<https://open.spotify.com/show/3I3XeOODZweOpcxCchyPFL>

[Dad Still Standing | baby loss support for dads](#)

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