

Training for Early Years Practitioners



These modules are for all in Early Years settings in Worcestershire who have not had recent training on Attachment Aware Trauma Informed practice from KCA.

CORE WORKSHOP

Web Tutorial

Five to Thrive: The importance of connected relationships

Date: 12 Feb 2025 4pm-6pm

Discover your role in building healthy brains in babies and children.

This two hour reflective web tutorial will introduce KCA's model Five to Thrive, a model for promoting secure, attuned, need meeting relationships based on the neuroscientific understanding of what happens inside us, as the meeter of needs, when we make an attuned, connected relationship with a baby or child and the brain building potential of these Five to Thrive Relationships.

CORE WORKSHOP

Web Tutorial

Understanding Toxic Stress and Trauma and Promoting Recovery during a time of Collective Adversity

Date: 12 March 2025 4pm-6pm

Did you know trauma is recoverable?

Building on the first webinar this second of two core modules for all early years DTs who have not recently accessed KCA training on attachment, trauma and resilience will focus on the impact of toxic stress on our brains and nervous systems and how the trauma injuries acquired by our brains as the result of unregulated stress can impact on the way we think, feel and behave.

The webinar will cover trauma and developmental trauma and focus on what practitioners are already doing to promote recovery from trauma through introducing KCA's model for trauma recovery, Mending Hurts, and placing this knowledge within the context of this period of collective adversity we are all living through. Sources of vulnerability and resilience, including ACEs and PACEs will be looked at and participants will be encouraged to focus on the nine outcomes of recovery from trauma

 worcestershire
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Training for Early Years Practitioners



These 3 optional modules are for Early Years Practitioners who have attended the first 2 modules, 'Five to Thrive' and 'Understanding Toxic Stress and Trauma OR have attended ATR training with KCA previously.

OPTIONAL WORKSHOP

Web Tutorial

Emotion Coaching and Promoting Resilience Date: 9 April 2025 4pm-6pm

Do you want to help your children to better self-regulate?

This reflective webinar will introduce participants to Emotion Coaching, a framework for helping practitioners and parents to deal with behaviour in the moment, and for helping babies and small children begin to understand their emotions and how these can often drive behaviour. Research shows that not only does Emotion Coaching promote healthy brain development and provide children with lifelong regulatory and social skills, but it also has a very positive impact on staff (and parental) wellbeing. Emotion coaching is a research based approach which recognises that all emotions are acceptable but not all behaviour is.

OPTIONAL WORKSHOP

Web Tutorial

Transitions and Vulnerability Date: 21 May 2025 4pm-6pm

Discover how connected relationships support everyone when vulnerable

This optional module will build on learning already covered on vulnerability and resilience and focus in particular on maintaining staff well-being in a time of collective adversity. Transitions are things which change us and for all children and young people these can be moments of stress and challenge but for the most vulnerable these can be particularly difficult. Participants will work together to focus on transitions, both small and large, and how to support children in navigating these successfully through promoting connected relationships and network resilience.

OPTIONAL WORKSHOP

Web Tutorial

Choose your words with care: Narrative, Shame & Identity Date: 25 Jun 2025 4pm-6pm

Helping children to develop a positive identity

This reflective session will revisit the knowledge base around identity and narrative building focusing in particular on the language we use and the impact this may have on those we are talking about. This practical course will support those caring for vulnerable children in helping to develop a positive identity and sense of self which is vital for wellbeing and our capacity to thrive.

Register

To take part in this fully funded professional development opportunity please register by following this link <https://connected.kca.training/register.cfm?form=WorcsVSSprSum25>