# First meeting checklist

This first meeting is a getting to know each other session and an opportunity for us to find out about (insert child’s name) and you and for you to find out about us.

You may find it useful to think about a few things before you come along, which is why we’ve sent you this checklist, but you don’t have to use it.

1. What are their needs?

2. What do they like doing?

3. What are they good at?

Do they see/have seen: (please tick any that apply)  
a. Community Paediatrician  
b. Speech and Language Therapist  
c. Occupational Therapist  
d. Physiotherapist  
e. CAMHS  
f. Any other?  
(You may want to bring any letters or reports along to the meeting to share or talk about.)

5. Do they have a diagnosis?

4. What other services are involved with them?

6. Is there anything else you would like to know?