



**NOW  
WE'RE  
TALKING**  
ACTING TOGETHER  
TO PREVENT SUICIDE

Are you a **business** working in  
Herefordshire or Worcestershire?  
Are you a **HR lead** and responsible  
for organisational wellbeing?

**Did you know?**



Mental health problems cost £1300 for every employee in the UK economy but for every £1 spent by employers on mental health interventions they get £5 back in reduced absence, presenteeism and staff turnover (Deloitte).



Suicide is the leading cause of death in England in adults below the age of 50, and 75% of all suicides are men (ONS).



On average 70% of suicides (16-64 year olds) had an occupation registered at the time of death and past research shows that some industries are at particularly high risk such as construction and agriculture (ONS).

Turn over for  
information  
about how your  
workplace can  
get involved. 

TALK COMMUNITY



Herefordshire  
Council



worcestershire  
county council

# Sign up to our cohort of free suicide prevention in the workplace sessions.

## Each session is around 90-minutes online

### Session One: Suicide Prevention in the Workplace Awareness Session.

#### Find out how to:

- Reduce stigma around mental health in the workplace and promote help seeking behaviour
- Increase awareness of support available and embed suicide prevention within company culture
- Promote the use of tools and resources to help maintain good emotional wellbeing

### Session Two: A guide to suicide prevention training and sources of support.

#### Find out:

- What suicide prevention training is available and how to embed this within company culture
- About local services and resources to help maintain good staff emotional wellbeing
- How to reduce stigma around mental health in the workplace and promote help seeking behaviour
- About the orange button scheme

If you would like to register for these events, please fill in [our registration form](#)

We have also developed a mental health and wellbeing resource hub for businesses, including a downloadable suicide prevention policy. You can access these resources by visiting the [Suicide Prevention in the Workplace Resource Hub](#)

For more information about the workplace programme of activity or the suicide prevention programme email [suicidepreventionprogramme@worcestershires.gov.uk](mailto:suicidepreventionprogramme@worcestershires.gov.uk)



Do you need a suicide prevention policy?