

What is an Educational Psychologist?

EPs work together with teachers, parents, and other professionals to help children and young people make the most of their lives.

We use a consultation approach to empower parents and school staff to work together to promote positive changes for young people.

What does a consultation approach look like?

The approaches and frameworks that are used within a consultation will vary according to the young person's needs. This will be shared with you at the beginning of each meeting.

It is a conversational approach, which allows us to explore situations and work together towards solutions. We will talk about young people's strengths and needs, key life events, what is going well and what people might like to change.

Is there anything I need to bring?

No, just yourself and anyone you would like there to support you perhaps a family member or friend.

How long will it last?

This varies. Typically, between 1-2 hours, it will be flexible depending on need.

Who might be there?

School staff: this might be the SENCO, Headteacher or Class teacher.

The school may invite other professionals with recent involvement with your child. School staff will discuss this with you before the meeting. If there is anyone else that you would like to invite, please let school staff know.

What will happen after the consultation?

A written record of the consultation will be shared following the meeting. This may vary depending on the style of the consultation, for example it may be a picture, a list of actions, or a summary of the discussion.

You may be invited to a review of these actions; this may be with the EP or school.

Frequently asked questions:

Is there anything I need to bring?

No, just yourself and anyone you would like there to support you, perhaps a family member or friend.

How long will it last?

This varies. Typically, between 1-2 hours, it will be flexible depending on need.

Who should I contact?

edpsycology@worcsc.hil提高enfirst.org.uk