**Appendix 1**

**Child’s Voice**

|  |  |
| --- | --- |
| **Name of child** |  |
| **Date completed:** |  |
| **With the help of:** |  |

Please place a tick in the appropriate box.

**How easy or hard do you find it to……….**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Very easy** | **Easy** | **Hard** | **Very hard** |  | **Very easy** | **Easy** | **Hard** | **Very hard** |
| ….fasten buttons? |  |  |  |  | ……do zips up and down? |  |  |  |  |
| …..wash and dry your hands? |  |  |  |  | ……use a knife and fork? |  |  |  |  |
| ….pour liquid from one container to another? |  |  |  |  | …….tie shoelaces? |  |  |  |  |
| ….use scissors to cut paper? |  |  |  |  | ….carry a drink/tray around a room without spilling anything? |  |  |  |  |
| ….get dressed? |  |  |  |  | …..move yourself backwards an forwards on a swing? |  |  |  |  |
| …..hop? |  |  |  |  | ……stand on one leg? |  |  |  |  |
| …..jump, keeping both feet together on take-off and landing? |  |  |  |  | …..ride a bike without stabilisers? |  |  |  |  |
| …….skip (not with a rope)? |  |  |  |  | ….climb on apparatus or a climbing frame? |  |  |  |  |
| …hit a moving ball with a bat/racquet? |  |  |  |  | …throw and catch a ball? |  |  |  |  |
| ….do star jumps? |  |  |  |  | ….swim? |  |  |  |  |
| …form letters and numbers correctly? |  |  |  |  | ….make sure your writing ‘sits’ on the line? |  |  |  |  |
| …..use a knife to spread butter/jam on bread? |  |  |  |  | ….use a ruler? |  |  |  |  |
| …..read your own writing? |  |  |  |  | ….get your ideas down on paper? |  |  |  |  |

|  |
| --- |
| Is there anything else you would like to tell us? |